HOLY FAMILY PARISH MASSES and other liturgical celebrations:

Daily morning Masses: 9.00 am Monday to Saturday

Saturday Vigil Mass: 6.00 pm

Sunday Masses: 8.30 am - St. John of the Cross

9.30 am - Holy Family Church

Community Masses:

Samoan Community – 3rd Sunday at 11.00 am

Cook Islands – 2nd Sunday at 11.00 am

Myanmar Community – 4th Sunday at 11.00 am

Tokelau – 4th Sunday, 11 am at St. John of the Cross

Multicultural Mass – 31st August at 9.30 am, by Archbishop Paul

Reconciliation – 8.00 am – 8.45 am Thursday – Saturday

Baptism – By appointment

PARISH NOTICES AND UPDATES

- 1. Sunday Adoration: Every Sunday at 5.00 pm
- 2. Children's Ministry: Every Sunday at 9.30 am.
- 3. Parish Pastoral Council (PPC) Meeting: 17 June 6 pm in the Presbytery.
- 4. Planned Giving through Internet Banking or Automatic Payment: If you would like to make regular financial offerings to the Parish, our bank account number is BNZ 02-0536-0003269-05 using your Planned Giving number or name as a reference. All offerings can be claimed as a tax rebate from IRD.

Notices from the Archdiocese

- 5. NZ Catholic News: The NZ Catholic Bishops Conference encourage all to sign-up at https://cathnewsnz.com/sign-up/ to receive NZ Catholic News direct into your mailbox each week.
- Hope and Renewal Summit –Parish renewal isn't just for one person —
 it's a shared mission. Come with others to be inspired, equipped, and
 renewed, then bring that spark of hope back to your parish. Palmerston
 North | 3–4 October 2025. www.hoperenewalsummit.com

Pope Leo XIV Quote

"Humanity needs Christ as the bridge... Help each other to build bridges with dialogue, with meetings, uniting us all to be one people, always in peace."

HOLY FAMILY PARISH

169 Mungavin Avenue, Porirua. PO Box 53001. Porirua 5024

Ph: 04 237-8674 E: office@holyfamilyparish.nz

W: www.holyfamilyparish.nz

For Emergencies, please contact:

Fr. Isaac Songa (Parish Priest): 021 089-05555

Fr. Nicholas Phone Myint (Assistant Priest): 021 090-62933



HOLY TRINITY SUNDAY, YEAR C 15TH JUNE 2025

Dear Parishioners: Greetings, Kia ora, Kia orana, Talofa lava, Malo ni, Mingalaba, Mauri, Ola, Namaste, Malo Lelei & Nibula.

Holy Trinity Sunday

The mystery of the Most Holy Trinity is a central doctrine of Christian faith, revealing one God in three distinct Persons—Father, Son, and Holy Spirit—who share the same Divine Nature, are co-equal and co-eternal. Though this concept is beyond human logic, believers accept it by faith, not reason, because it was taught by Jesus, recorded by the Evangelists, explained by Church Fathers, and formally defined by the Councils of Nicaea and Constantinople. A well-known story of St. Augustine illustrates the mystery: while struggling to understand the Trinity, he met a child trying to pour the sea into a small hole. When Augustine questioned him, the child responded, "It is easier to empty the sea than for you to understand the Trinity"—reminding him that divine mysteries surpass human comprehension.

The Trinity is deeply woven into Christian life. All Church prayers begin and end in the Trinity's Name. Every Sacrament—from Baptism to Holy Orders—is performed invoking the Trinity. The daily ringing of church bells three times honors the Trinity and recalls Christ's Incarnation and Redemption. Christians make the Sign of the Cross and receive blessings in the Name of the Trinity.

The New Testament clearly presents the Trinity. At the Annunciation, the Father sent His angel, the Spirit overshadowed Mary, and the Son became incarnate. At Jesus' Baptism, the Father spoke, the Spirit descended as a dove, and the Son was baptized. At the Ascension, Jesus commanded baptism in the Trinity's Name. In John 15–18, Jesus explains: the Father creates, the Son redeems, and the Spirit sanctifies.

This belief calls us to see every person as God's dwelling place, trust in God's presence in us, live love and unity in families, and practice relationships of love with God and neighbour—mirroring the unity of the Trinity.

SUNDA	AY READING	S - YEAR C	
 15 June THE MOST HOLY TRINITY 1st R: Proverbs 8:22 - 31 Responsorial Psalm: 8 2nd R: Romans 5:1 - 5 Gospel: John 16:12 - 15. 	VIGIL READERS Maria Hammond Malia Perez EUCHARISTIC MINISTERS Malia Anamani Ina Tengaru, Afamua Tago	9.30 AM READERS Ina Tengaru Asuao Misitea EUCHARISTIC MINISTERS Sr Hannahri Akenese Tana Lapana Taualai	ST JOHN READERS Faialofa Antonio Bernadette Banez EUCHARISTIC MINISTERS John Antonio lutita Mallon Ine Etuale
22 June THE BODY AND BLOOD OF CHRIST 1st R: Genesis 14: 18 - 20 Responsorial Psalm: 109 2nd R: 1 Corinthians 11: 23 - 36 Gospel: Luke 9: 11 - 17	VIGIL READERS • Helen John • Ine Etuale EUCHARISTIC MINISTERS • Mari N Khum • Etuale Etuale • Akenese Tana	9.30 AM READERS Marie Tago Mereturia Akavi EUCHARISTIC MINISTERS Tuifaasisina Masoe Vaueli Tolovaa Sa Tovi'o	Ine Etuale ST JOHN READERS Gerry Mallon Tracie Etuale EUCHARISTIC MINISTERS Bernadette Banez Faialofa Atonio William Nobelen

PARISH COLLECTIONS FOR 8 JUNE 2025

Parish - \$ 2234.60 Building Fund - \$ 685.70

Generosity consists not the sum given, but the manner in which it is bestowed.

May God bless you always.

Messages from Archbishop Paul Martin

Prayer and action for peace: Our NZ Catholic Bishops recently issued a statement **Fighting hopelessness in the Jubilee Year of Hope**. They spoke of various conflicts in our world. In terms of non-violent actions in response to those conflicts you may wish to pray, donate, write letters to our Foreign Minister and Prime Minister. Following Pope Francis' and Pope Leo's calls for a ceasefire in the Gaza conflict you can fast for peace and join various groups seeking stronger government action for a ceasefire and investigation into war crimes and possible genocidal acts.

https://www.catholic.org.nz/news/media-releases/pastoral-statement-fighting-hopelessness-in-the-jubilee-year-of-hope/ and https://www.caritas.org.nz/holyland

Regulatory Standards Bill Submissions: The government has introduced a Regulatory Standards Bill which has attracted a good deal of discussion. The Commission encourages parishioners to participate in growing awareness of the proposed legislation and in making submissions. Submissions close 1pm, 23 June. The EJP will be making a submission guided by Catholic Social Teaching and has also offered some thoughts at:

https://www.wn.catholic.org.nz/about/commission-for-ecology/regulatory-standards-bill-ecology-justice-and-peace-commission-guidance/

KINDNESS

"But the fruit of the Spirit is love, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." Gal.5.22-23 These qualities are the result of the work of the Holy Spirit in a Christian life. Kindness is one of these fruits of the Holy Spirit.

Reflecting on the 2020 lockdown Joy Cowley was impressed that each daily update on Covid finished with a personal message - Be Kind! This was not what we normally heard from political leaders and it was very powerful.

Joy wrote "But we recognised it as something that belonged to this country. Generally kindness is the way we respond to need. It is the way Aroha (love) works in our island country." She then reflected on kindness and its effects:

"Kindness is active. It moves us from concern with self to concern for others.

Kindness is transformative. It changes the way society works by letting go of judgemental thinking. Us and them becomes simply us.

Kindness is a two-way gift. It benefits the giver as it does the receiver. An act of loving-kindness brings the feeling that this is how life should be lived.

Kindness is healing. In some way it lubricates the dry parts of our lives. It is a balm to chafed areas of consciousness and it mends those little wounds caused by anxiety and distrust. This works for both giver and receiver.

Jesus demonstrated the way of loving-kindness, the truth of loving-kindness, and his life was lived in loving-kindness. When he talked about giving he said "inasmuch as you do it to the least of these, my children, you do it unto me."

The Brigidine motto, which is used by Holy Family School, is Fortiter et Suaviter which is often translated as Strength and Kindness. We hope that the children in our schools, and all associated with the school, will be strong in faith and kind to others, keeping the Golden Rule of doing unto others what they would like done unto them.

Father in Heaven, look with love upon our Holy Family Parish, and give us the blessing of your peace. Let your Spirit of joy fill our hearts so that we may be kind and holy. May our concern for others be a reflection of your love. May we be moved with compassion and be rich in kindness and faithfulness drawing deeply from the springs of your great kindness. May we live joyfully, forming a community of love in a world full of hatred. We ask this through Jesus Christ, our Lord. Amen.

Sr Anne Phibbs